

EASYMAX<sup>®</sup>

MU Self-Monitoring Blood Glucose System

**Quick Reference Guide**

(Individual Version)

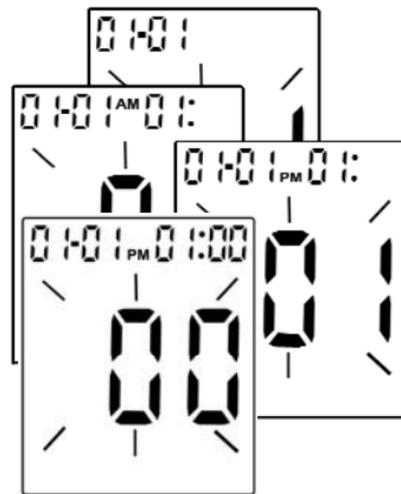
## Inserting Batteries



1. Open the battery door on the back of the meter by pushing the tab in the direction of the arrow and pulling the door up.
2. Insert two batteries. The meter will beep to confirm the batteries are inserted correctly.
3. Put the battery door back in place and snap it closed.

## Setting The Time and Date

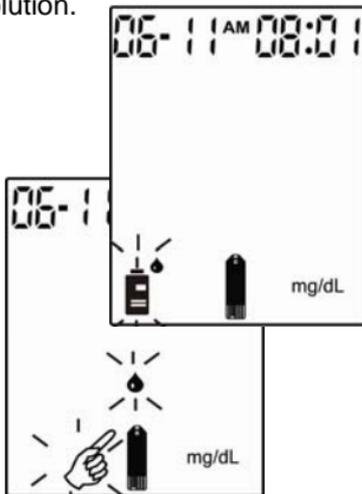
Setting the current time and date in your meter is important if you use the meter memory.



1. Press  (Power Button) and hold the button until the meter turns on.
2. The last 2-digits of the year flashes at the top of the display. Press  (Left Button) or  (Right Button) to adjust the year and press  (Power Button) to confirm the setting.
3. Repeat step 2 to set the date and time. The flashing field is the one you are currently setting.

## Running a Control Solution Test

You need the meter, a test strip, and control solution.

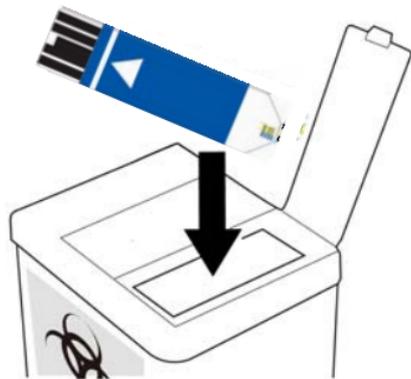
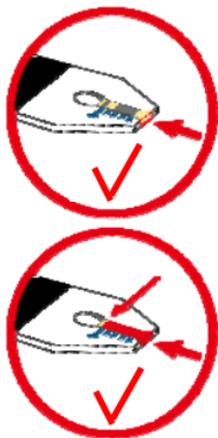


1. Put a test strip into the meter in the direction of the arrow.
2. The meter turns on automatically and the icon of  shows itself. Press **←** (Left Button) to select the testing mode of Control Solution and the icon of  flashes.

3. Place the meter on a flat surface, like a table.
4. Remove the control solution bottle cap and wipe the tip of the bottle with a tissue.
5. Squeeze the bottle until a tiny drop forms at the tip of the bottle and place solution on top of bottle cap.



Setting the meter in control solution mode will prevent the control solution reading from being added to your memory and averages.



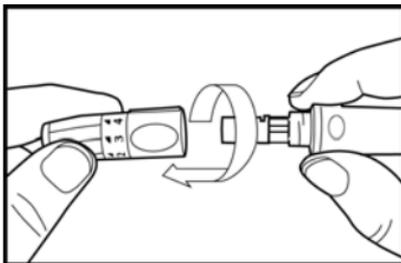
6. Touch the drop to the blood collection area at the tip of the test strip. Do not put control solution on the top of test strip. The meter starts to count down from 5 seconds and will show the results.
7. Do not remove the test strip until you confirm that the reading falls within the range printed on the test strip vial.
8. Push the Strip Ejector to eject the test strip.
9. Dispose properly.
10. Please check if the result on the display is the same as audible result.



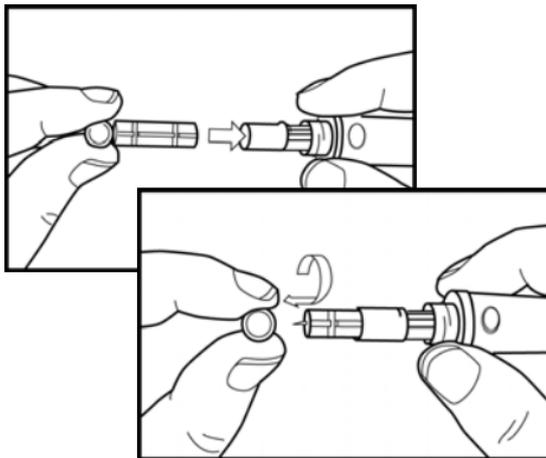
**Be aware that there are Normal and High ranges listed on your test strip bottle. The Normal and High refer to the three different control solutions that are available. Please be sure that you are looking at the correct range.**

## Inserting a Lancet into the Lancing Device

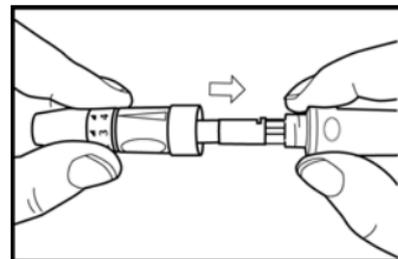
You must first load the lancet into the lancing device to get it ready for use.



1. Unscrew the Cap.



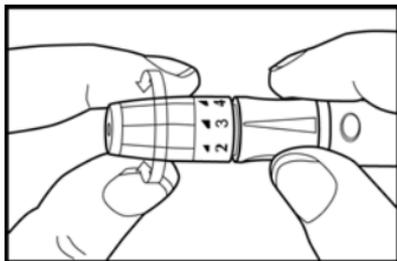
2. Insert the lancet into the lancing device firmly then twist off the protective cover.



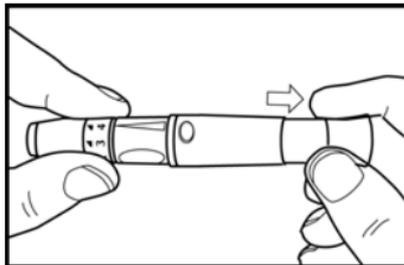
3. Recap the front cap.



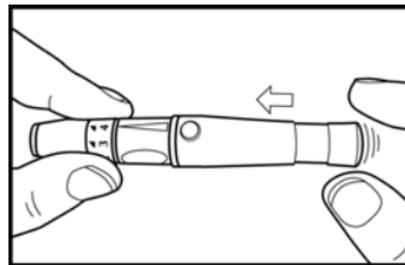
**Lancets are for use only and a new, sterile lancet should be used each time you perform a test.**



4. Select the desired penetration depth.



5. Pull on the sliding barrel of the lancing device until it clicks and then release.  
Now the lancing device is ready.  
Do not prick your finger until your meter and strip are prepared.

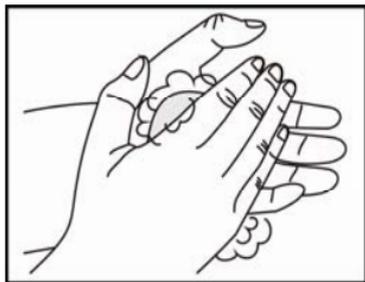


6. Set the lancing device aside until later in the test.



1. Select 1-2 for soft or thin skin, 3 for average, and 4-5 for thick or calloused skin.
2. Lancing device and lancets are not to be shared between users. Sharing lancing devices and lancets may transmit blood borne pathogens, such as viral hepatitis.

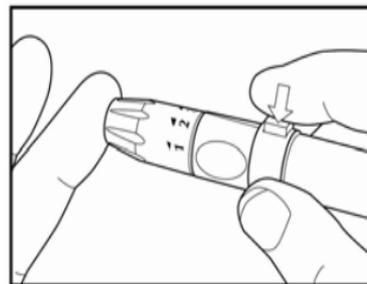
## Running A Blood Glucose Test With Blood From Your Fingertips



1. Wash your hands with soap and warm water. Rinse and dry thoroughly.

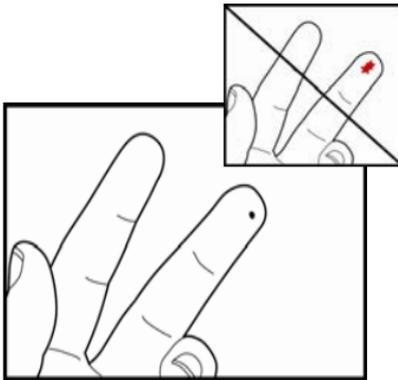


2. Put a test strip into the meter in the direction of the arrow. The meter turns on automatically. The icon shows itself.
3. When the icons of  and  flashes on the display, the testing mode of blood drop is starting.



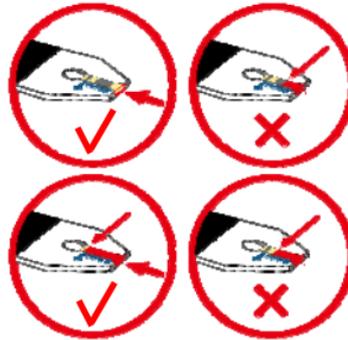
4. Place the lancing device against the pad of your finger. Press the trigger button to activate the lancing device.

You can also turn on the meter by inserting a test strip.



Apply blood to the edge of the test strip.

Do not apply blood on top of the test strip.



Be sure to get enough blood on strip to make it to the confirmation window.

Not enough blood on strip to get a test result.



5. Gently squeeze and/or massage your fingertip until a round drop of blood on your fingertip.



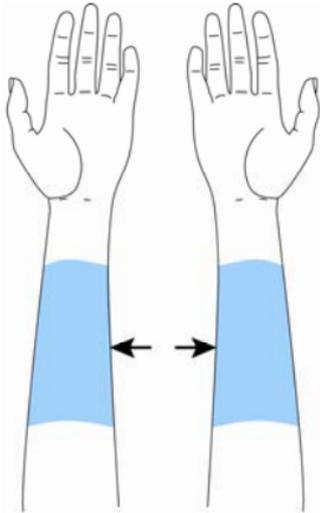
6. Touch the blood drop at the tip of the transparent window of the test strip. **Do not put blood on top of the strip.** Be sure to get enough blood on the strip's reaction zone. Otherwise, an inaccurate reading may result.

7. The meter starts to count down from 5 seconds and then displays the test result.
8. Push the Strip Ejector to eject the test strip & dispose of both strip & lancet properly. Remove the test strip and the meter turns off automatically.

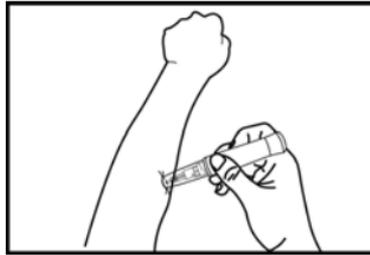
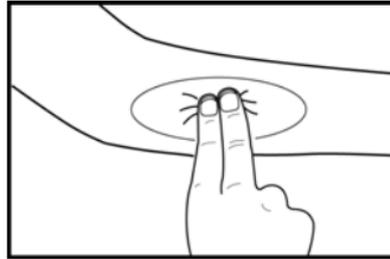
Please make sure to apply blood when the blood drop appears on the display.

## Running a Blood Glucose Test with Blood from Your Forearm

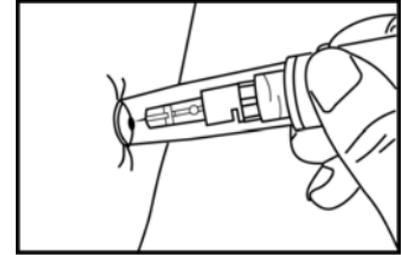
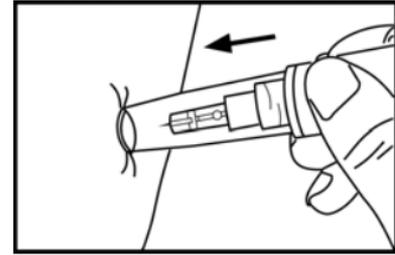
Please use the clear cap with the lancing device for AST testing.



1. This graphic shows where the meter cleared for alternative site testing.

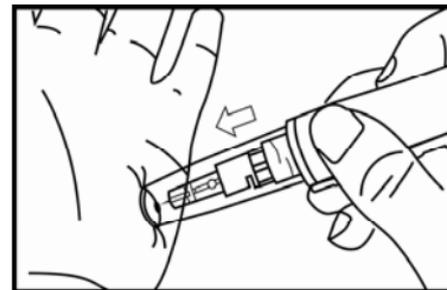
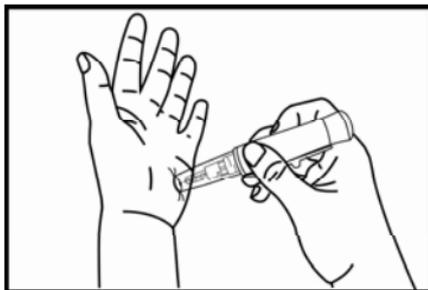
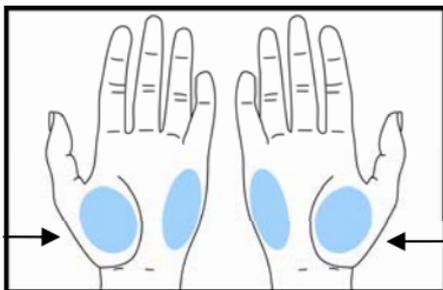


2. Massage the puncture area of forearm for a few seconds.
3. Press and hold the device with a clear adjustable tip against the forearm.



4. Press the trigger button to activate the lancing device.
5. Hold the device against forearm and increase pressure until the blood sample size is sufficient.

## Running A Blood Glucose Test With Blood From Your Palm

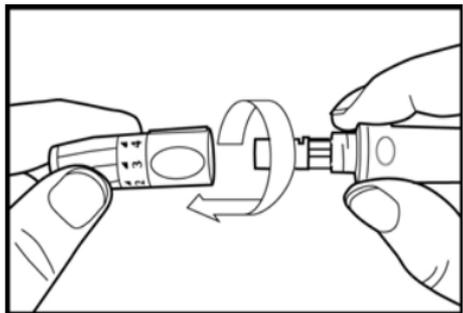


1. Massage the puncture area of palm for a few seconds.
2. Press and hold the device with a clear adjustable tip against the palm.
3. Press the trigger button to activate the lancing device.
4. Hold the device against palm and increase pressure until the blood sample size is sufficient.

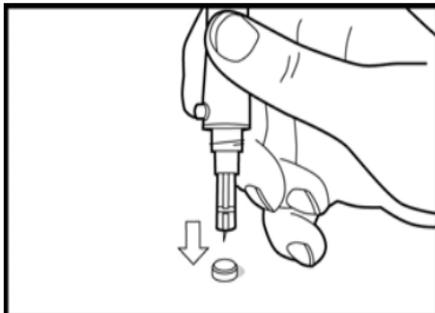


**Check with your healthcare professional before testing sites other than the fingertip.**

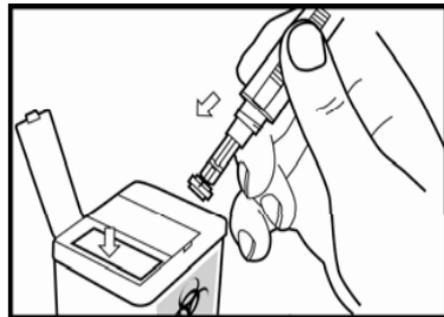
## Discarding Used Lancets



1. Unscrew and remove the cap.



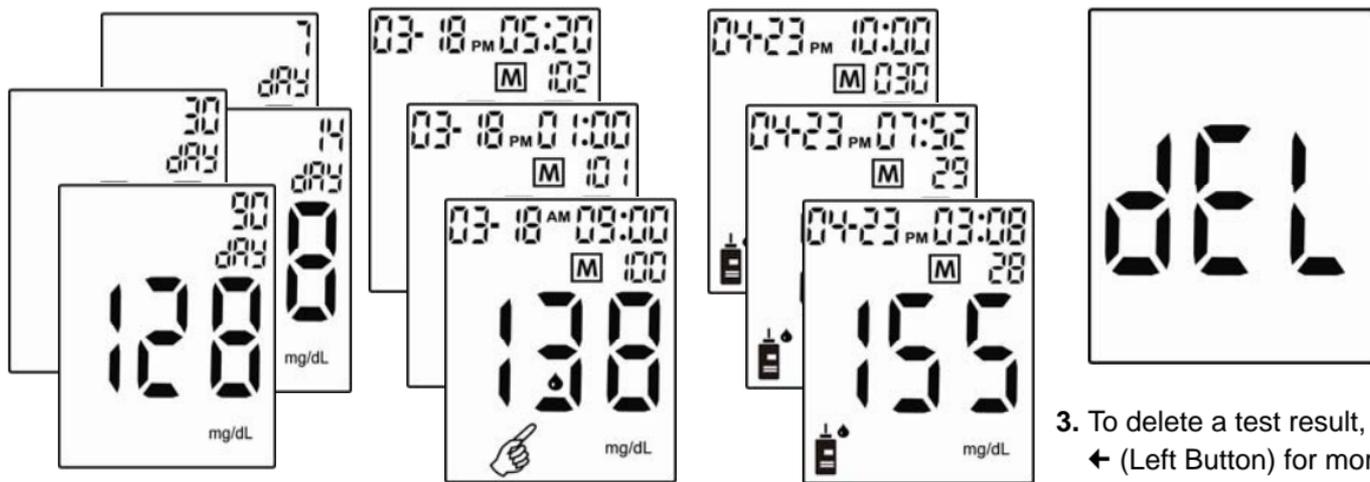
2. Without touching the used lancet, stick the lancet tip into its protective cover.



3. Pointing the lancing device toward a container for sharp or biohazard material, slide the ejection button up to release the covered lancet into the container.

## Viewing and Deleting Test Results

Each review requires the user to go back to the main screen (testing mode) by pressing the  (Power Button).



1. Press  (Left Button) or  (Right Button) to view averages of 7-/14-/30-/90-day test results first and then all results. Press  (Power Button) back to the testing mode.
2. Press  (Left Button) for more than 2 seconds to view the control solution records in order from 30 to 1. Press  (Power Button) back to the testing mode.
3. To delete a test result, press  (Left Button) for more than 2 seconds and display shows "dEL", press  (Power Button) to confirm deletion.
4. Press  (Left Button) or  (Right Button) to keep reviewing the results.

## Running With Your Computer

To Transfer data, the meter can be turned on or turned off.



1. Use the USB cable to connect to the meter and your computer. The display shows "PC".



2. The meter starts to transfer data to the "GlucoManager™" software.



3. When all data are uploaded from the meter to the PC, the meter shows "OK" and beeps.

## Screen Messages and Troubleshooting

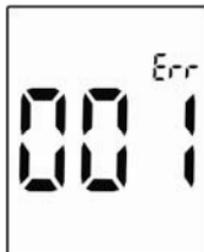
Never make treatment decisions based on an error message. If you have any concerns, please contact your healthcare provider.

<i>Message</i>	<i>What it means?</i>	<i>What to do?</i>
 A square icon representing an error message. It features the letters 'Err' in a large, stylized, seven-segment font. Below the letters is a small, vertical bar with a notch at the top, resembling a test strip.	<b>Humidified / Used strips</b> The meter has detected a problem with the test strip.	<b>Repeat the test with a new strip.</b> Refer to pages 27-28 for information on sample application.
 A square icon representing a low power message. It features the letters 'LP' in a large, stylized, seven-segment font. Below the letters is a small, horizontal bar with a notch at the right end, resembling a battery.	<b>Low power</b> The meter batteries do not have enough power to perform a test.	<b>Replace the new batteries.</b>

## Message

## What it means?

## What to do?



### System error

There may be a problem with the meter.

### Replace the batteries first.

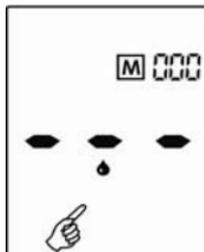
Refer to pages 15 and 40. If this error message appears again, please contact your local dealer.



### Memory Error

### Replace the batteries first.

If **ERROR 005** appears again, please contact your local dealer.



### No result in memory.

The test proceeds incompletely. The meter was unable to recall this result.

**You can still perform a blood glucose test and get an accurate test result.**

## Message

## What it means?

## What to do?

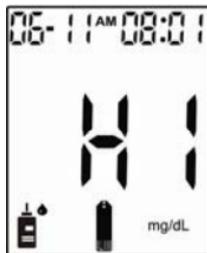
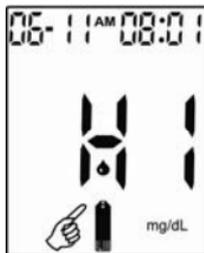


### Volume detector error

The volume of blood or control solution is NOT enough.

### Replace with a new strip.

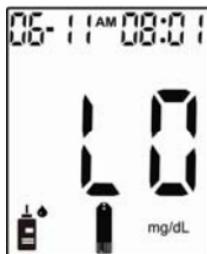
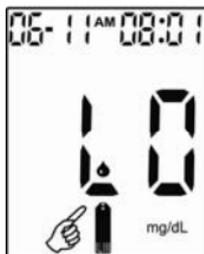
If **Err** appears again, please contact your local dealer.



Test result is higher than 630 mg/dL (35.0 mmol/L).

### Re-check your glucose level.

If the result is HI again, obtain and follow instructions from your healthcare professional without delay.



The test result is lower than 20 mg/dL (1.1 mmol/L).

This may require immediate treatment according to your healthcare professional's recommendations. Although this message could be due to a test error, it is safer to treat first and then do another test.

## Message

## What it means?

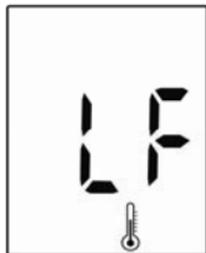
## What to do?

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The “HF” and thermometer icon appears. Temperature is too high, outside the required range of 10°C - 40°C (50°F - 104°F). This alerts users that an incorrect result may occur if the test continues.

Relocate the meter to a location with temperature between 10°C - 40°C (50°F - 104°F).



The “LF” and thermometer icon appears. Temperature is too low, outside the required range of 10°C - 40°C (50°F - 104°F). This alerts users that an incorrect result may occur if the test continues.

Relocate the meter to a location with temperature between 10°C - 40°C (50°F - 104°F).



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