

# **EasyPlus mini R13N**

Self-Monitoring Blood Glucose System

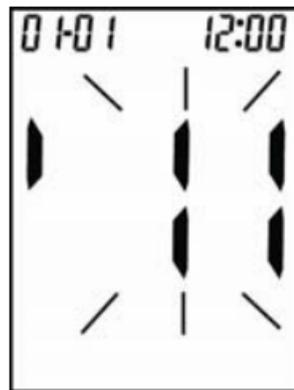
**Quick Reference Guide**

## Setting the Time and Date — First Time Use

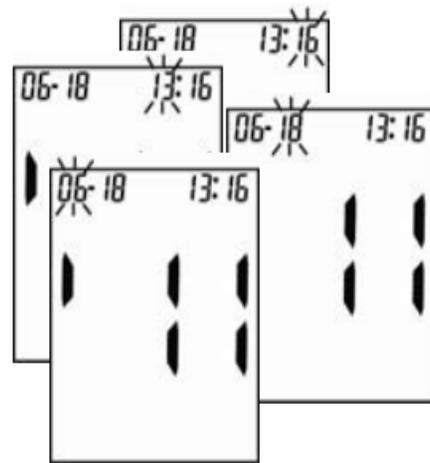
Setting the current time and date in your meter is important if you intend to use the meter memory.



1. Put a battery into the slot and the meter turns on automatically.



2. The last 2-digits of the year flash at the center of the display. Press  to adjust the year and press  to confirm the setting.



3. Repeat step 2 to set the date and time. The flashing field is the one you are currently setting.



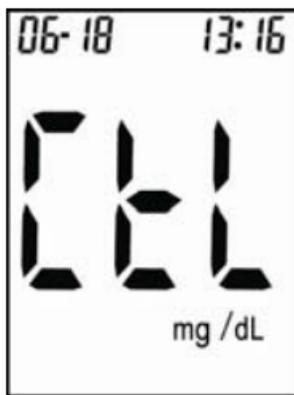
**The unit of Blood Glucose Meter is set at mg/dL without any modification function.**

## Running A Control Solution Test

You need the meter, a test strip, and control solution



1. Put a test strip into the meter in the direction of the arrow and the icon of  shows itself.



2. Press  twice to set "CtL" and press  to confirm the setting.



3. Place the meter on a flat surface, like a table.
4. Remove the control solution bottle cap and wipe the tip of the bottle with a tissue.



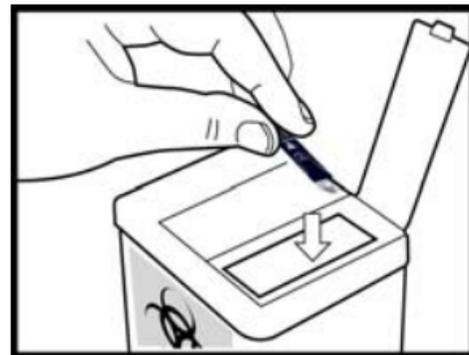
1. If display stays at  or  and no any setting is made, the test results will always in  or .
2. If you do not choose "CtL", the test results will be included in the memory of blood test.



5. Squeeze the bottle until a tiny drop forms at the tip of the control solution cap.
6. Touch the drop to the Blood Collection Area at the end of the test strip.
7. Do not put control solution on top of the test strip.



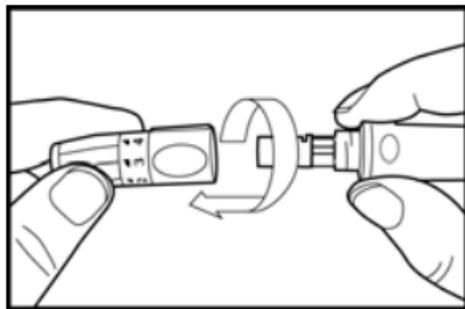
8. When you hear the beeper, you have enough control solution in the test strip. The meter starts to count down from 5 seconds and will show the results.
9. A result appears on the display. Don't remove the test strip yet. Check if the reading falls within the range printed on the test strip bottle.



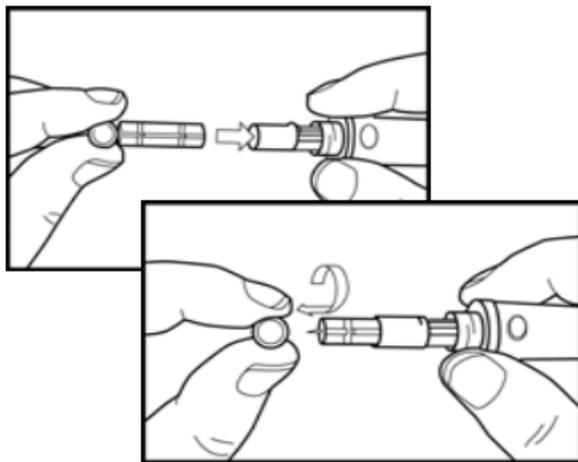
10. Remove the test strip and throw it away after you have compared the reading to the range printed on the test strip bottle.

## Inserting a Lancet into the Lancing Device

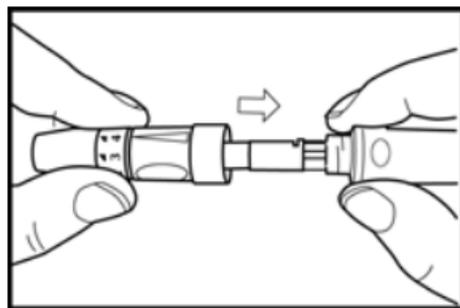
You must first load the lancet into the lancing device to get it ready for use.



1. Unscrew the Cap.



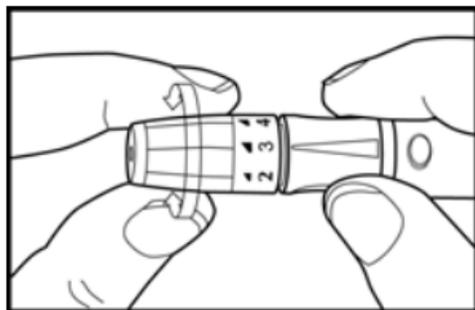
2. Insert the lancet into the lancing device firmly then twist off the protective cover.



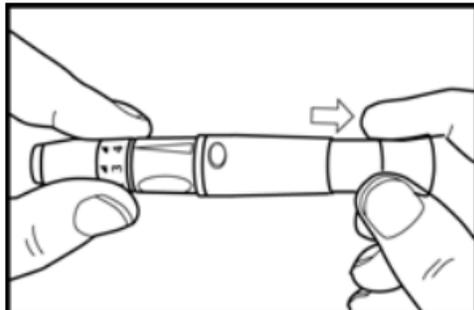
3. Recap the front cap.



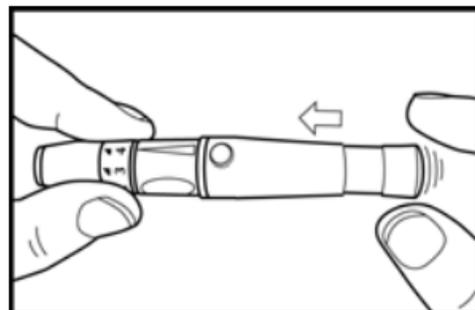
**Lancets are for use only and a new, sterile lancet should be used each time you perform a test.**



4. Select the desired penetration depth.



5. Pull on the sliding barrel of the lancing device until it clicks and then release.  
Now the lancing device is ready.  
Do not prick your finger until your meter and strip are prepared.

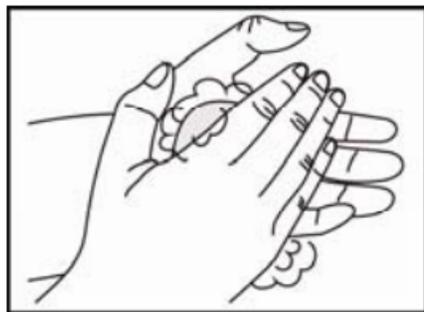


6. Set the lancing device aside until later in the test.



1. Select 1-2 for soft or thin skin, 3 for average, and 4-5 for thick or calloused skin.
2. Lancing device and lancets are not to be shared between users. Sharing lancing devices and lancets may transmit blood borne pathogens, such as viral hepatitis.

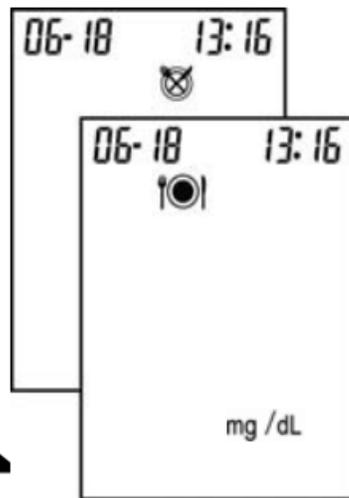
## Running A Blood Glucose Test With Blood From Your Fingertips



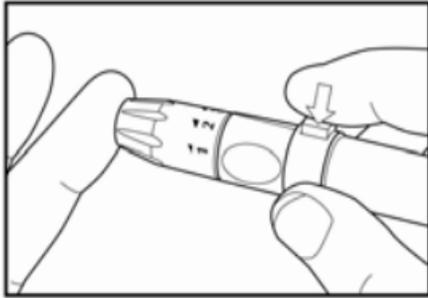
1. Wash your hands with soap and warm water. Rinse and dry thoroughly.



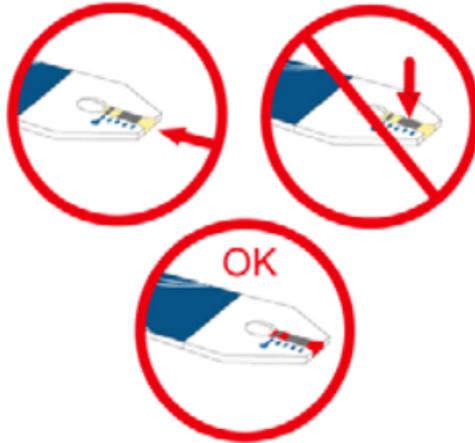
2. Insert a test strip into the meter in the direction of the arrow and the icon  will appear.
3. Press  to set  or  and press  to confirm the setting.



4. When the blood drop flashes on the display, obtain a drop of blood from your fingertip, using the lancing device.



5. Place the lancing device against the tip or side of your finger; press the trigger button to activate the lancing device.



6. Gently squeeze your finger to assist the flow of blood. This helps you get a blood drop.

Touch the blood drop to the tip of the transparent window of the test strip.

**Do not put blood on top of the strip.**

Be sure to get enough blood on the strip's reaction zone. Otherwise, an inaccurate reading may result.

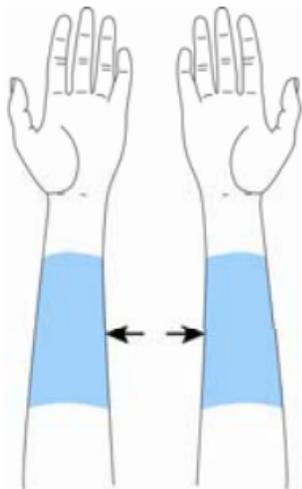


7. The meter will beep when enough blood has entered the strip's reaction zone. The result will appear on the display after 5 seconds.

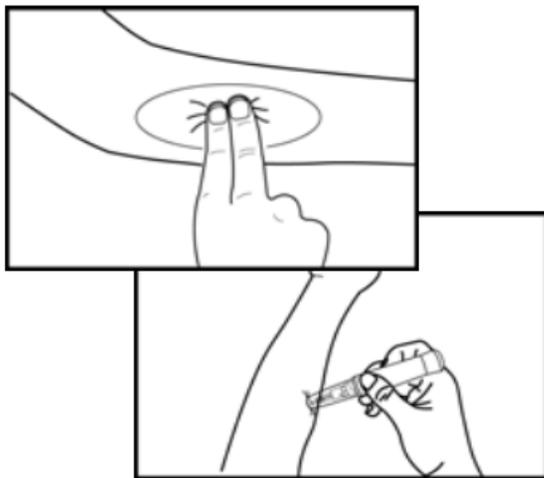
8. Remove the test strip and the meter turns off automatically.

## Running a Blood Glucose Test with Blood From Your Forearm (Optional)

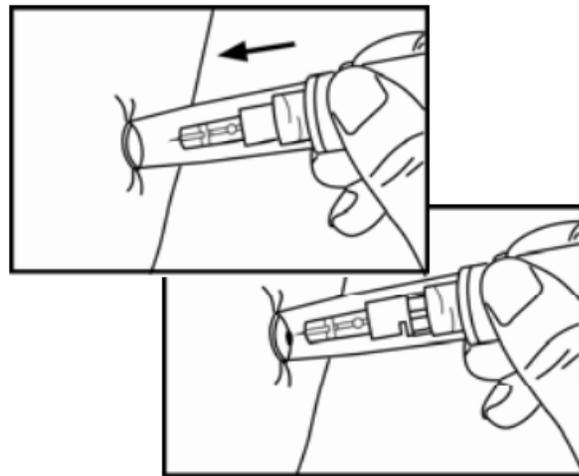
Please use the clear cap with the lancing device for AST testing.



1. Massage the puncture area of forearm for a few seconds.

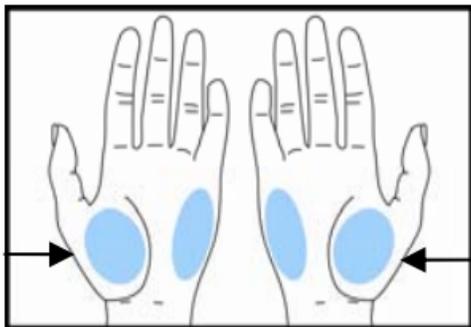


2. Press and hold the device with clear adjustable tip against the forearm.

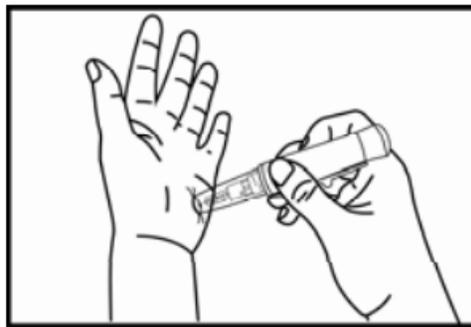


3. Press the trigger button to activate the lancing device.
4. Hold the device against forearm and increase pressure until the blood sample size is sufficient.

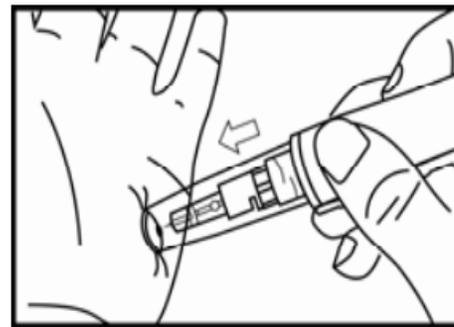
## Running a Blood Glucose Test with Blood From Your Palm (Optional)



1. Massage the puncture area of palm for a few seconds.



2. Press and hold the device with one clear adjustable tip against the palm.

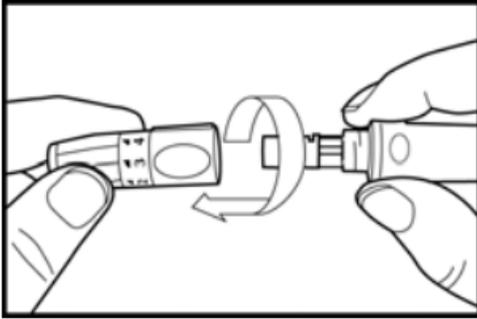


3. Press the trigger button to activate the lancing device.
4. Hold the device against palm and increase pressure until the blood sample size is sufficient.



**Check with your healthcare professional before testing other sites than fingertip.**

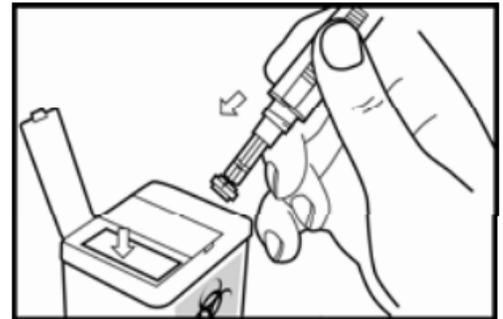
## Discarding Used Lancets



1. Unscrew and remove the cap.



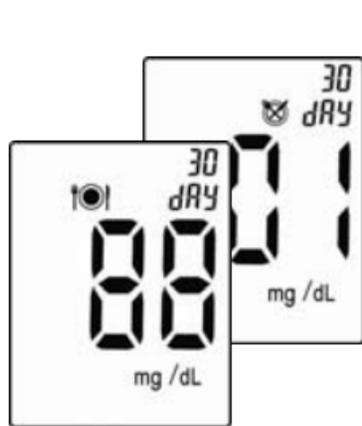
2. Without touching the used lancet, stick the lancet tip into its protective cover.



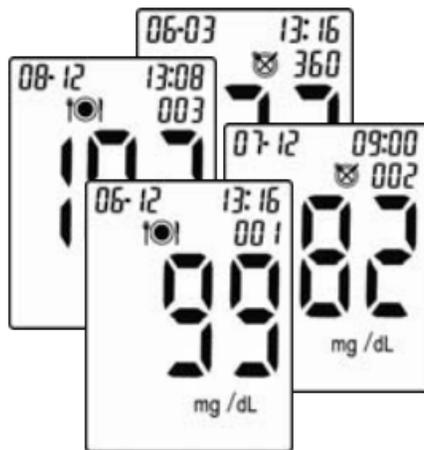
3. Pointing the lancing device toward a container for sharp or biohazard material, slide the ejection button down to release the covered lancet into the container.

## Viewing & Deleting Test Results

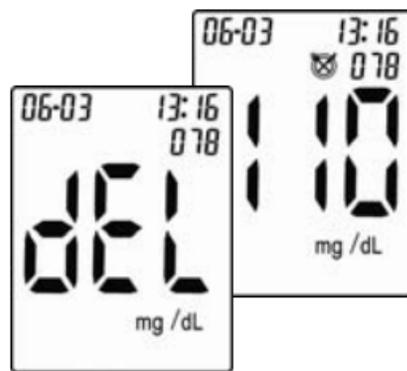
You can review them at any time **without inserting a test strip.**



1. Press  to review test results of 30 days in  or .



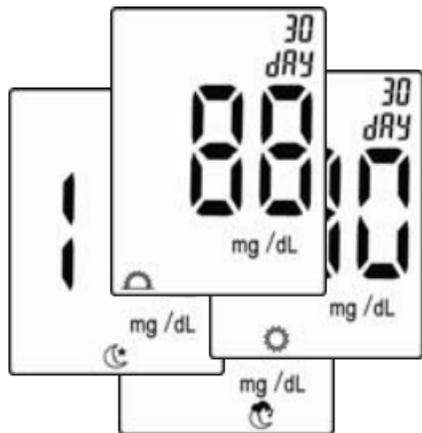
2. Press  to review all results in order from records of 360 to 001.



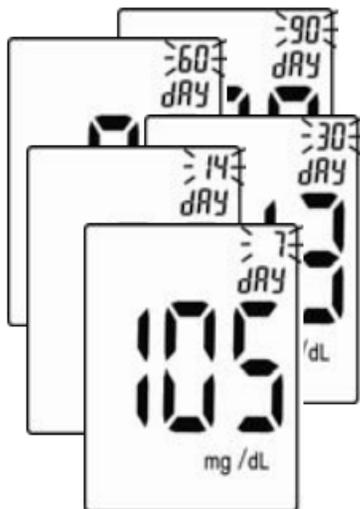
3. To delete a test result, press  for 3 seconds and display shows "dEL".
4. Press  to keep reviewing test results.
5. The meter will turn off in 1 minute automatically.

## Meter Memory

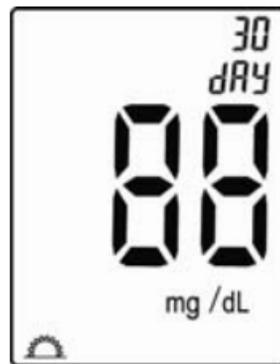
You can review them at any time without inserting a test strip.



1. Press  to review test results of 30 days in , , , or .



2. Press  to review results of 7, 14, 30, 60 or 90 days.



3. Press  to go back the display of .
4. Meter will turn off in 1 minute automatically.

## Screen Messages and Troubleshooting

Never make treatment decisions based on an error message. If you have any concerns, please contact your local dealer or healthcare provider.

<i>Message</i>	<i>What it means?</i>	<i>What to do?</i>
 The image shows a digital display with the word "Err" in a large, segmented font. Below the "Err" text, there is a small horizontal bar.	<b>Humidified / Used strips</b> The meter has detected a problem with the test strip.	<b>Repeat the test with a new strip.</b> Refer to pages 7-8 for information on sample application.
 The image shows a digital display with the letters "LP" in a large, segmented font. To the right of the "LP" text, there is a small battery icon.	<b>Low power</b> The meter batteries do not have enough power to perform a test.	<b>Replace the new batteries.</b>

## Message

## What it means?

## What to do?



### System error

There may be a problem with the meter.

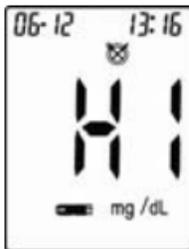
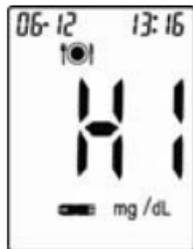
### Replace the batteries first.

If **Err 001** appears again, please contact your local dealer.



The test result is among 20~60 mg/dL. **H**

Please call your healthcare professional.



The test result is higher than 630 mg/dL.

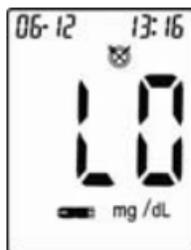
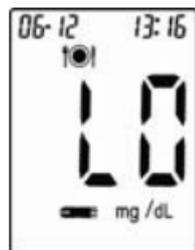
### Re-check your glucose level.

If the result is **HI** again, obtain and follow instructions from your healthcare professional without delay.

## Message

## What it means?

## What to do?



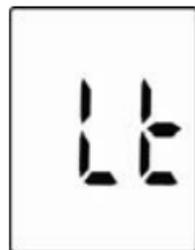
**The test result is lower than 20 mg/dL.**

This may require immediate treatment according to your healthcare professional's recommendations. Although this message could be due to a test error, it is safer to treat first and then do another test.



**The "Ht" and thermometer icon appears. Temperature is too high, outside the required range of 10°C - 40°C (50°F - 104°F). This alerts users that an incorrect result may occur if the test continues.**

Relocate the meter to a location with temperature between 10°C - 40°C (50°F - 104°F).



**The "Lt" and thermometer icon appears. Temperature is too low, outside the required range of 10°C - 40°C (50°F - 104°F). This alerts users that an incorrect result may occur if the test continues.**

Relocate the meter to a location with temperature between 10°C - 40°C (50°F - 104°F).